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DOROTHY GUNNISON At The Organ

THURSDAY and FRIDAY, JULY 28-29

George Sidney and Charlie Murray
"LOST AT THE FRONT"

SATURDAY, JULY 30

"HILLS OF KENTUCKY"
Starring RIN-TIN-TIN

SUNDAY and MONDAY, JULY 30-AUG. 1

LOIS WILSON in
"BROADWAY NIGHTS"

TUESDAY and WEDNESDAY, AUG. 2-3

DON'T MISS
"THE MAGIC GARDEN"

Also, Selected Comedies and News Reels

2 ACTS STANDARD VAUDEVILLE
Every Sunday

Big Free Circus Redondo Beach

SUNDAY, JULY 31st

Performing Bears, Monkeys, Dogs, Acrobats, Clown Bands and everything

Two Shows Afternoon and Evening

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STANDARD OIL COMPANY OF CALIFORNIA

Three Hundred Pounder Discovers Roominess and Comfort to Spare in New Chevrolet Coach



Scott Matraw, who weighs 300 pounds, has had a host of difficulties to overcome because of his unusual size and only recently has been able to find an answer to one of the most difficult ones—a standard automobile in which he could sit comfortably.

The new Chevrolet coach fills his need to perfection, he declares, and is shown above congratulating Gordon Warren, who is a Chevrolet dealer at Hollywood, on selling a car with such appealing beauty coupled with such unusual roominess.

Matraw was manager of a string of 15 theaters for many years and, as is the habit of many theatrical people, ate a heavy meal after the final curtain each night. The result was that his weight increased from 140 to over 300 pounds.

While he still wears only a Number 6 shoe, his waist has grown to 56 inches. He wears a 21 collar and a 7 1/2 hat. He eats no more than a normal person and has perfect health.

Despite his weight, Matraw does anything a normal man can do—he can run, ride, dance and do an array of trick falls. He is an actor of ability and has recently finished parts with Billie Dove in "The Stolen Bride," a First National picture, has played in a whole series of Universal comedies; and appeared in "Venus of Venice" with Constance Talmadge and Tony Moreno.

"The car problem was one of my greatest until I discovered the new Chevrolet coach," Matraw told Warren. "The roominess of the car is nothing short of marvelous and I believe that no car is more beautiful."

DeBra Enables Many Fans to Hear Radio Fight Description

Through the thoughtfulness of Gene DeBra of the DeBra Radio Company, many fight fans were enabled to listen in on an exciting description of the Dempsey-Sharkey fight Friday evening as they did their shopping in Torrance stores or ate their evening meal in restaurants.

DeBra, for the purpose of giving the community a real opportunity to hear the ring-side reports, installed big radio receivers at the Torrance Pharmacy, the Roi Tan Cafe, Von's market, the American Club, the Quality Market, Earl and Ted's Restaurant and Freeman's Cafe.

So. Cal. Progress Seen by Ballard In Power Study

Southlands 1926 Electrical Output Increase Tops Other States

"Further evidence of California's leadership in the electrical world and an additional reason for her continuance in the 'white spot' are disclosed by figures just compiled by the statistical department of the Southern California Edison Company," says Vice President and General Manager R. H. Ballard. "This report shows that the demand for electricity in California equals the combined requirements of Oregon, Washington, Idaho, Montana, Utah, Wyoming, Colorado, Nevada, New Mexico and Arizona. This group of states as a whole also shows a much greater use of electricity than prevails in other parts of the country."

"Southern California's industrial progress," continues Mr. Ballard, "is noticeable in this analysis which shows that the gain in electrical output for 1926 in comparison with 1925 was 10.2 percent for the eleven western states; for California was 12.2 percent and for Southern California it was 13 percent."

"The use of electricity per capita in California is three times the average for the whole United States. In 1926, per capita consumption for the entire country was 541 kilowatt-hours; for the 11 western states it was 1091 kilowatt-hours and for California it was 1600 kilowatt-hours. These figures show why the southwest is one of the world's best markets for motor-



Scott Matraw, a small gentleman of 300 pounds weight, takes delivery of a new Chevrolet coach, which he drives with comfort despite his rather unusual proportions.

driven machines and other electrical appliances.

"Following the lead of the Edison company, several utilities in this state have recently made voluntary reductions in rates on the experimental plan approved by the railroad commission with the thought that a lower selling price will result in an increased volume of business. Such has been our experience in the past and we have every assurance that the present experiment will be successful, to the benefit of both the operating companies and their consumers."

"This supremacy of the west in the use of electricity is significant to others than power plant operators. If California's per capita use of electricity is three times the average for the entire country it means that our industrial establishments are more modern in every respect; that our manufacturing output per man employed is higher; that the men themselves have better working conditions and are accordingly better men; that our streets and highways are better illuminated and therefore safer; that our homes have more conveniences and that all elements of our population have more leisure."

"The economic value of leisure is not appreciated by some people and yet it has a real cash-drawer meaning. Not only do men buy more golf balls and fishing tackle since electricity has given them more time for recreation, but having more spare time than formerly they and their families dress better, live better and travel more. Next year's report will probably show a still further increase in the use of kilowatt-hours by westerners and this will be of benefit to every business man whether he sells gasoline or shoes, books or playing cards, jewelry or hardware."

"Electricity is by no means the sole factor in our prosperity, but its use in the west is so widespread and its applications are so varied that it has become one of our most reliable business barometers."

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Old Mother Hubbard and her New Cupboard

By Rama Bennett, Nutritionist
Los Angeles County Tuberculosis Association

BREAD AND BUTTER

Just plain bread and butter! Plain, but very needful in a child's diet. Just plain bread tastes good to a really hungry child. Pampered tastes never relish this plain food.

Three to four slices of toast or dry bread and a tablespoon of butter a day for the three-year old, then up to two to three times this amount for "big lanky brother."

No one bread is essential for a child's health. If he has a well balanced diet of milk, fruits and vegetables, cereal, eggs and some meat, he can have one kind of bread as well as another, provided it is well made in any case. Well made whole grain breads do give the vitamins and minerals of the cereal grains. The child also is getting these from his other foods and additional ones will not harm provided the child's digestive tract is not irritated by roughage of the whole grain.

However, white bread made with whole milk as "mother made it," has some minerals and vitamins restored which the miller took away as well as the good gifts of milk.

Variety works well at times with a child in breads and cereals. A little sandwich half light and half dark bread is a novelty and bits of jelly on the bread, new or old, always tempt.

A child needs to like and eventually see value in a slice of good bread whether white or dark.

Butter is a good tempter to get the bread down smoothly. Vitamin A is added through the butter and one hundred calories with every tablespoonful. However, a child getting his full quart of milk a day should not over indulge in butter just because he likes it or it makes him fat. Other table fats may be used sometimes if the quart of whole milk is consumed. These have little if any of the necessary vitamin A. Also, it should be remembered that butter varies in vitamin A, according to the diet of the cow. Some dairies feed cod liver oil to their cows to make sure of this vitamin.

Select always wholesome bread and best grade butter for the child.

SAFETY FIRST

Better be safe than sorry in child feeding. Proper refrigeration of children's food, especially in hot weather, is absolutely essential for safety. Unseen bacteria are ever present on food, but a clean, dry, cold refrigerator can keep their number at a minimum.

Clean food must have clean containers, and each its particular place in the refrigerator. Milk should have the first place in the coldest spot in the ice box, directly under the ice. The opened can of evaporated milk and other easily perishable foods, or those that readily absorb odors should also go in this place. Butter, covered; meat or vegetable broths, poured hot into sterile jars, covered and cooled quickly to room temperature, placed in the coldest part of the ice box will keep two or three days. The baby's tomato juice, cared for in the same manner, will keep two days; but be careful to never use after mold appears.

Left over stewed fruits, covered, will keep a few days, if the temperature is kept low enough in the ice box. The noon-day custard, cooked cereal and creamed dishes of any kind spoil quickly and should not be kept many hours even if directly under the ice.

The second coldest place in the ice box is the lowest shelf in the food side of the "side-icer" and the second shelf down in the "top-icer." Here the family roasts on a plate and uncovered should be placed. Stew meats may be placed in tall sterile jars, not necessary to cover. On the next best shelf go left over meats in covered containers to prevent drying out.

Eggs, berries and milk flavored vegetables keep well on the middle shelf. Berries are less apt to mold if unwashed. Vegetables and fruits

of strong odors and good keeping quality are placed on the top shelf in the "side-icer" and lowest shelf in "top-icer."

Clean refrigerator weekly with cold soda water. Keep the walls free for air to circulate. Check food as it is placed in refrigerator and keep list on outside with pencil near, to add or scratch as articles are added or taken out. Consult list to ascertain as to what is in the refrigerator instead of opening door to see "what's left." Open door only when necessary.

Keep refrigerator as nearly as possible at 45 degrees Fahrenheit. Know if your child's food is getting a fair chance.

Redondo Ball Room Is Proving Popular

Goodwin Goldie and his Famous Red Jackets are the sensation of the season in the Redondo Beach Ballroom.

They are just recently off the Orpheum Circuit and are a clever aggregation of instrumentalists, singers and dancers, throwing a great amount of amusing and entertaining numbers into their work.

BUCKEYES CALLED TO REUNION

All who ever lived in Ohio are invited to meet for the summer picnic reunion, all day Saturday, August 6th, 1927, in Bixby Park, Long Beach. There will be county registers and headquarters so all can find the old neighbors even with ten thousand present. President Harry B. George will preside over the brief program of songs and oratory opening about two o'clock but the main purpose will be to have a good time.

Clifford Stoner of Beverly Hills has been a recent house guest of Harwood Clark, 1731 Andrea avenue.

ASK THEM

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